



FACULTY OF MEDICINE
Lund University

Certificate concerning the nose aspirator Näsfrida

Small children cannot blow their noses and the stagnation of secretion following e. g. upper airway infections leads to difficulties for the child to breathe through the nose. An unimpeded passage of air in the nose is a prerequisite for, among other things, troublefree breastfeeding. The stagnation of secretion also leads to sleep disturbance. The nose aspirator can in most cases alleviate the trouble, and clinical trials that have been performed in a ten-year period show that the nose aspirator is harmless, and in a majority of cases relieves the patient's acute problems. The design of the nose aspirator precludes irritation of the susceptible nasal mucosa, and there is no indication in the clinical studies that points to a further increase of nasal secretion when using the aspirator. From a hygienic point of view nothing prevents the usage of the aspirator within the family, as experience tells us that the bacteriology is the same for all family members. The nose aspirator Näsfrida has also been tested from a bacteriological viewpoint in the Microbiology laboratory at Malmoe University Hospital. The microbiological test concluded that there is no risk of a spreading of the infection from child to user.

The nose aspirator, which has been developed at The Ear, Nose and Throat Clinic in Malmoe to remove secretion from the nose in small children, functions in a harmless manner.

Based on the clinical tests that have been carried out nothing has been found to speak against the employment of the aspirator from a scientific or proven experience point of view.

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